

## **Cornwall Food & Local Sourcing...**

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

### **Beef, Pork & Poultry**

Scorse Foods  
Helston

### **Fruit & Vegetables**

Westcountry Fruit Sales Ltd  
Falmouth

### **Fish**

Matthew Stevens & Son  
St Ives

### **Milk & Dairy**

Trewithen Dairy  
Lostwithiel

### **Eggs**

Rosedown Farm  
St Wenn, Bodmin

### **Dry Goods**

Chaffins Food Service  
Redruth



**Cornwall Food**  
A fresh approach to nutrition | we care

they're here...



# YOUR menu

Week 1 – 15<sup>th</sup> April, 29<sup>th</sup> April, 13<sup>th</sup> May, 3<sup>rd</sup> June, 17<sup>th</sup> June, 1<sup>st</sup> July, 15<sup>th</sup> July

MONDAY

Baguette Bar with different fillings  
Served with sauté potatoes & salad.

Mini Blueberry Muffin or Fresh Fruit

TUESDAY

Pork Sausages  
Served with mashed potato, green beans & carrots.

Jam Sponge & Custard or Fresh Fruit

WEDNESDAY

Roast Chicken,  
Roasted Potatoes  
Carrots & Green Beans

Ice Cream or Fresh Fruit

THURSDAY

Cottage Pie  
Served with Peas & Cauliflower Cheese

Apple & Cinnamon sponge with custard or Fresh Fruit

FRIDAY

Fishfingers,  
Chipped Potatoes  
Peas & Baked Beans

Rocky Road or Fresh Fruit

Salad, fresh milk and bread rolls will be available daily plus a daily jacket potato meal option and dishes suitable for vegetarians.



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