

## **Cornwall Food & Local Sourcing...**

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

### **Beef, Pork & Poultry**

Scorse Foods  
Helston

### **Fruit & Vegetables**

Westcountry Fruit Sales Ltd  
Falmouth

### **Fish**

Matthew Stevens & Son  
St Ives

### **Milk & Dairy**

Trewithen Dairy  
Lostwithiel

### **Eggs**

Rosedown Farm  
St Wenn, Bodmin

### **Dry Goods**

Chaffins Food Service  
Redruth



**Cornwall Food**  
A fresh approach to nutrition | we care

they're here...



# YOUR menu

Week 2 – 22<sup>nd</sup> April, 7<sup>th</sup> May, 20<sup>th</sup> May, 10<sup>th</sup> June, 24<sup>th</sup> June, 8<sup>th</sup> July, 22<sup>nd</sup> July

MONDAY

Lasagne & Garlic Bread  
Peas & Sweetcorn

Apple Crumble with Custard or Fresh Fruit

TUESDAY

Cheese & Bacon Quiche  
Served with sauté potatoes & salad.

Mini Blueberry Muffin or Fresh Fruit

WEDNESDAY

Roast Chicken & Gravy  
Roasted Potatoes,  
Broccoli & Carrot/Swede Puree

Ice Cream or Fresh Fruit

THURSDAY

Sausage Roll  
Served with potato wedges, peas & spaghetti hoops.

Chocolate Sponge & Custard or Fresh Fruit

FRIDAY

Fishfingers  
Chipped Potatoes  
Baked Beans & Sweetcorn

Flapjack or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily.

There is also a daily jacket potato meal option & dishes suitable for vegetarians.

