

Cornwall Food & Local Sourcing...

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

Beef, Pork & Poultry

Scorse Foods
Helston

Fruit & Vegetables

Westcountry Fruit Sales Ltd
Falmouth

Fish

Matthew Stevens & Son
St Ives

Milk & Dairy

Trewithen Dairy
Lostwithiel

Eggs

Rosedown Farm
St Wenn, Bodmin

Dry Goods

Chaffins Food Service
Redruth



Cornwall Food
A fresh approach to nutrition | we care

they're here...



YOUR menu

Week 2 – 22nd April, 7th May, 20th May, 10th June, 24th June, 8th July, 22nd July

MONDAY

Lasagne & Garlic Bread
Peas & Sweetcorn

Apple Crumble with Custard or Fresh Fruit

TUESDAY

Cheese & Bacon Quiche
Served with sauté potatoes & salad.

Mini Blueberry Muffin or Fresh Fruit

WEDNESDAY

Roast Chicken & Gravy
Roasted Potatoes,
Broccoli & Carrot/Swede Puree

Ice Cream or Fresh Fruit

THURSDAY

Sausage Roll
Served with potato wedges, peas & spaghetti hoops.

Chocolate Sponge & Custard or Fresh Fruit

FRIDAY

Fishfingers
Chipped Potatoes
Baked Beans & Sweetcorn

Flapjack or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily.

There is also a daily jacket potato meal option & dishes suitable for vegetarians.

